

Inside the Mind of a Machine: How Generative AI Models Are Trained

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di.hli

- Robert McCoy
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Overview of the Training Lifecycle





- 1 Training-Data Sources
- OpenAl lists three input channels (OpenAl, 2025a).
 - Public internet text Common Crawl snapshots, English Wikipedia, WebText2 (Reddit-linked pages), and other open sites.
 - Licensed / partner corpora large book collections and proprietary datasets.
- User-generated content conversations, code samples, and demonstrations contributed by crowd workers and ordinary ChatGPT users (unless they disable *Improve the model*) (OpenAI, 2025b).

• Data Processing and Filtering

- Cleans raw text data (removes duplicates, spam, noise)
- Normalizes formatting (punctuation, casing, tokenization)
- Filters out toxic, biased, or lowquality content
- Converts input into tokens
 (numerical form)
- Ensures dataset balance across topics, languages, and styles



Model Architecture Design

- Choose neural network type (e.g., Transformer)
- Set hyperparameters (layers, attention heads, embeddings)
- Define input/output format (token-level, sentence-level)
- Optimize for performance, scalability, and memory use
- Plan for parallelization across compute clusters



Training (Pretraining)

- Feed massive token datasets into the model
- Adjust weights using gradient descent and backpropagation
- Use masked or next-token prediction objectives
- Train over multiple epochs on large GPU/TPU clusters
- Monitor loss metrics and convergence behavior



Reinforcement Learning from Human Feedback (RLHF)

- Collect human preference data through ranking tasks
- Train a reward model on human-labeled responses
- Fine-tune the model using Proximal Policy Optimization (PPO)
- Reduce harmful or misleading outputs
- Align model responses with human values and expectations



Evaluation & Tuning

- Test model on standard benchmarks (e.g., MMLU, HellaSwag)
- Assess accuracy, bias, fluency, and coherence
- Conduct adversarial testing and red-teaming
- Analyze outputs for safety, ethics, and performance gaps
- Adjust architecture or data as needed



- Deployment

 Integrate model into production environments (API, app, chatbot)
 Apply latency, scaling, and throughput optimizations
 Monitor real-world usage for bugs or failure modes
 Establish access policies and safety filters
 Ensure uptime, versioning, and resource efficiency



- Continuous Fine-Tuning
- Incorporate new feedback and evolving data trends
- Fix hallucinations or bad behavior via targeted updates
- Adapt to new topics, languages, or regulatory standards
- Perform lightweight updates without full retraining
- Support personalization and domain specialization



(Brown, 2020, Layton, 2023)

Dataset Sources







Training Infrastructure



- Hardware: TPUs/GPUs (e.g., NVIDIA A100s)
- Training Time: Weeks to months
- Energy Consumption: Tens of megawatthours per model
- Cloud Providers: Azure (GPT), AWS (Anthropic), Meta's in-house clusters

Stimated training cost and compute of select AI models

Source: Epoch, 2023 | Chart: 2024 Al Index report

100N

10M



https://www.cudocompute.com/blog/what-is-the-cost-of-training-large-language-models



Cost ~ \$100M

Resource Impact on Model Performance

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•Data Diversity → Reduces Bias
•Compute Power → Enables Depth & Fluency
•Energy Use → Environmental Cost
•Time → Governs Model Stateness
•Bias (Language and Culture)
•Privacy

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Final Takeaways

- LLM training is data-hungry, power-intensive, and ethically complex.
- Every design choice impacts model capability, bias, and cost.
- Deployment demands ongoing audits and public transparency.



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